

ENDOCRINE SYMPTOM SURVEY - FAX to (305) 932-2223 Attn: Dr. Turovskiy

First Name _____ Last Name _____ Email _____ Phone _____

GROUP 1-A

- 1 Do you get severe emotional swings
- 2 Dilated pupils
- 3 Low backache
- 4 Excessive Hair growth (women)
- 5 Increased or High blood pressure
- 6 Menstrual related depression
- 7 Moon face
- 8 Fat buildup where neck and back meet
- 9 Osteoporosis
- 10 Wounds heal poorly

GROUP 1-B

- 12 Low blood pressure
- 13 Osteoarthritis
- 14 Fatigue
- 15 Weakness
- 16 Intolerant to cold
- 17 Skin color changes
- 18 Depressed
- 19 Use diet pills
- 20 Dizziness when quickly rising
- 21 Brown sport or bronzing of skin
- 22 Allergies-tendency to asthma
- 23 Respiratory disorders
- 24 Poor circulation
- 25 Arthritic tendencies

GROUP 2-A

- 26 Brittle fingernails
- 27 Prone to cavities
- 28 Protruding eyes
- 29 Dilated pupils
- 30 Irritable and restless
- 31 Body temperature higher
- 32 Sweating hands and feet
- 33 Increased sweating
- 34 Tension headaches

GROUP 2-A CONT.

- 35 Increased blood pressure
- 36 Reduced tearing
- 37 Gag easily
- 38 Dry mounth , thick ropy saliva
- 39 Get colds, bronchitis
- 40 Burning stomach
- 41 Insomnia
- 42 Sensitive to light
- 43 Can't gain weight
- 44 Highly emotional
- 45 Flush easily
- 46 Night sweats
- 47 Thin moisy skin
- 48 Inward trembling
- 49 Heart palpitates
- 50 Can't work under pressure

GROUP 2-B

- 51 Increase in weight
- 52 Decrease in appetite
- 53 Fatigue easily
- 54 Ringing in ears
- 55 Sleep during day
- 56 Sensitive to cold
- 57 Dry or scaly skin
- 58 Constipation
- 59 Mentally sluggish
- 60 Hair coarse , falls out
- 61 Duul headaches in A.M., tapes off
- 62 Slow pulse
- 63 Urinate frequently
- 64 Hearing impaired
- 65 Reduced initiative
- 66 Losing outer eyebrow hair
- 67 Stiff or 'cracking' joints
- 68 Always chilly
- 69 Fingers feel 'dead'
- 70 Dry mounth
- 71 No period
- 72 Heavy menstrual flow
- 73 Little or no perspiration

GROUP 3-A

- 74 Failing memory
- 75 Low blood pressure
- 76 Increased sex drive
- 77 Headaches-'Splitting' type
- 78 Reactions from eating sugar
- 79 Restless
- 80 Heavy hair growth -Legs and Chest
- 81 Sex drive-very strong , overexcited
- 82 Digestive upsets often
- 83 Mind races
- 84 Temperamental
- 85 Very sensitive hearing
- 86 Allergic skin diseases
- 87 History of mononucleosis

GROUP 3-B

- 88 Abnormal thirst
- 89 Bloating of abdomen
- 90 Weight gain around hips and /or breasts
- 91 Sex drive reduced or lacking
- 92 History / Tendency to ulcers
- 93 Young girls -Lack of menstruation
- 94 Low blood pressure
- 95 Weak, fatigued muscles
- 96 Poor circulation
- 97 Constipation
- 98 Epileptic attacks
- 99 Often feel passive
- 100 Tend to be inactive
- 101 Lethargic
- 102 High threshold of pain
- 103 Crave sugar
- 104 Headaches start above the ears
- 105 Headaches before or during period

GROUP 4

- 106 History of head injuries
- 107 Diabetes
- 108 Heavy thirst
- 109 Large amounts of water urinated
- 110 Period has stopped or never started

GROUP 4 CONT

- 111 Breast produce too much milk or produce milk when not breast feeding
- 112 Depression
- 113 Recreational drug abuse
- 114 Fits of rage
- 115 No thirst
- 116 High blood pressure
- 117 Sleep long hours
- 118 Anorexia
- 119 Obesity
- 120 Bulimia
- 121 Blank spots in vision
- 122 Headaches
- 123 Vomiting
- 124 Women-Puberty started before age 8
- 125 Men-Puberty started before age 10
- 126 Thirsty often
- 127 Body temperature-hard to control
- 128 Anxiety

GROUP 5-FEMALE ONLY

- 129 Ovaries removed
- 130 Menopause
- 131 Premature menopause
- 132 Hot flashes
- 133 Digestive problems
- 134 Get colds at period
- 135 Depressed at period
- 136 Nervous
- 137 Little or no breast development
- 138 Period stopped(not menopause)
- 139 Painful period
- 140 Increased weight in thigh area
- 141 Light 'Flow' during period
- 142 Temperamental
- 143 Acne
- 144 Ovarian cysts

GROUP 5A - FEMALE ONLY

- 145 Prolonged period
- 146 Digestive problems
- 147 Temperamental
- 148 Periods started early (before 12)

GROUP 5A - FEMALE ONLY

- 149 History of ovarian tumors
 150 Genitals enlarged
 151 History of pelvic inflammatory disease

GROUP 6-MALE ONLY

- 152 Soft, pale delicate skin
 153 Light or no beard
 154 Hands, feet-cold and clammy
 155 High pitch voice
 156 Testicles not descending
 157 Lack of interest in sex
 158 Fat-mainly on butt, breasts, abdomen
 159 Low or no sperm count
 160 Male menopause
 161 Breast area enlarged
 162 Irritable
 163 Depressed
 164 High blood pressure
 165 Lack of appetite
 166 Low back pain
 167 Urine 'dribbling'
 168 Leg pains
 169 Constipation
 170 Have to urinate at night
 171 Stiff joints
 172 Painful sex
 173 Arthritis

GROUP 6A-MALE ONLY

- 174 Testicle(s) enlarged
 175 History of allergic skin problems
 176 Puberty before 10
 177 Hungry most of the time
 178 Excessive growth of hair
 179 Strong sex drive
 180 Emotions aren't stable
 181 Irritable

GROUP 7-A

- 182 Parathyroids removed
 183 Itching skin
 184 Skin eruptions

GROUP 7-A

- 185 Ashen, colorless skin
 186 Puffy face
 187 Fingernails-brittle, ridged
 188 Muscle cramps, spasms
 189 Feel "chilly" most of the time
 190 Shortness of breath
 191 Get digestive upsets
 192 A lot of cavities
 193 Deep breathing causes choking
 194 Hands and feet "go to sleep"
 195 Ringing in ears
 196 Muscles of stomach feel tight
 197 Frequent diarrhea

GROUP 7-B

- 198 History of bone disease
 199 High blood pressure
 200 Pain in area of stomach
 201 Vomiting
 202 Thirsty all the time
 203 Pain in bones
 204 No muscle tone
 205 Urinate large amounts
 206 Bones break easily
 207 Kidney problems
 208 History of cancer

GROUP 8

- 209 Diabetes or family history of
 210 Dry skin
 211 Boils or skin eruptions
 212 Carbuncles
 213 Pains in joints
 214 Muscle cramps
 215 Long-standing lower back pain
 216 Calf pain when walking- resting relieves
 217 High blood pressure
 218 Light (Clay) colored stools
 219 Hungry often
 220 Thirsty often
 221 Gum and teeth problems

GROUP 8222 Can't hold breath for more than 10-15 seconds223 Breath smells "Fruity"224 History of Tuberculosis225 Cough up yellow or green mucous226 Fatigue227 Losing weight228 History of cataracts229 Obesity230 Slow healing of wounds231 Pain around left shoulder blade232 Pain on left side of abdomen233 Allergic to some foods**GROUP 9 - FEMALE ONLY**234 Nipple pain235 Lymph nodes under arms painful236 Menstrual pain237 Difficult or no lactating238 Sore breast-specially during periods239 Discharge from breast240 Breast(s) removed241 History of Mastitis**GROUP 10 - FEMALE ONLY**242 Cannot bring pregnancy to term (Miscarriage)243 No period or has stopped244 Can't get pregnant245 Excessive flow during menses246 Heavy cramping during menses**Survey Instructions****You should fill in the box with number 3 if:**

This is a condition that you are feeling most of the time or it is one of the main reasons you are seeking medical help. You would also mark as "3" if you come across a condition such as "Osteoarthritis" or "Low Blood Pressure" or "Menopause"; and you have been diagnosed with that condition or had it in the past . In other words, the number three is the strongest possible answer you can give.

You should fill in the box with the number 2 if:

This is for symptoms that occur several times a year. You could call this a "moderate" type of problem.

You should fill in the box with a number 1 if:

This is for symptoms that occur several times a year but the symptoms are "mild". This is the kind of symptom that you notice but that nothing comes out.

If the question doesn't apply to you at all (other than as a part of gender specific group) please put "0" in the box so we know you didn't just miss it by accident.